



Republic of the Philippines
Department of Education
CARAGA REGION
SCHOOLS DIVISION OF SIARGAO
DAPA NATIONAL HIGH SCHOOL



July 2, 2026

School Memorandum
No. 07-06, s. 2026

**CONDUCT OF SCHOOL-BASED SPORTS TRAINING SESSIONS FOR
STUDENT-ATHLETES WITH TEACHER-COACHES IN PREPARATION
FOR THE DISTRICT AND DIVISION ATHLETIC MEETS**

TO: Concerned Teacher-Coaches and Student-Athletes

1. To help students develop athletic skills, discipline, teamwork, sportsmanship, physical fitness, and confidence, enabling them to represent the school competitively and honorably in District and Division Athletic Meets, Dapa National High School shall conduct sports training sessions every afternoon after class hours.
2. Its objectives are to:
 - a. enhance the athletic skills and physical preparedness of student-athletes for the District and Division Meets;
 - b. promote discipline, teamwork, sportsmanship, and leadership among participants;
 - c. identify and develop potential athletes who can effectively represent Dapa National High School in higher levels of competition; and
 - d. strengthen the capacity of coaches in providing effective training, mentorship, and guidance to student-athletes to ensure their optimum performance and holistic development.
3. All coaches and participants are directed to ensure that no regular classes are disrupted due to training activities. All training sessions shall end on or before 6:00 PM, beginning on Monday next week (July 8).
4. Coaches and trainers shall secure a signed parent/guardian consent form from all participating student-athletes before they are allowed to join the training program.
5. The consent form shall acknowledge that while the school, coaches, and trainers shall exercise due care and supervision during all authorized training activities, the parent/guardian understands and accepts the inherent risks associated with sports participation. Consequently, Dapa National High School, its personnel, coaches, and trainers shall not be held liable for injuries, accidents, or unforeseen incidents arising from circumstances beyond their reasonable control.
6. Student-athletes are expected to maintain satisfactory academic performance while participating in sports training. Participation in training and competitions



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shall not compromise their studies, and they must continue meeting school academic requirements.

7. Immediate dissemination of this memorandum is highly requested.


REX MARDY C. LABE
School Principal III

Encl: As stated

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07/02/26